

Mitten madness: a preschool activity



What you need: 1 pair of mittens for each player
1 bedsheet

1. Roll each mitten up into a ball. Fold the cuff over the ball to keep it rolled.
2. Fold the bedsheet in half. Place the mittens in the middle of the sheet.
3. Pick up the sheet and have everyone hold onto a corner.
4. While holding onto the sheet, move your arms back and forth and up and down so the sheet is set in motion. The object is to knock off all the mittens but your own. The game continues until only one mitten remains.

This game is taken from *Winter Day Play!* by Nancy F. Castaldo.
It is available in our lending library.