

Kick-the-can ice cream



Here's a fun way to make a great treat!

What you need: 1 cup whipping cream
1 cup milk
1 beaten egg
1/2 cup sugar
1 teaspoon vanilla
Chocolate syrup, strawberries, or chopped nuts for flavoring
(caution: the syrup is a liquid and may change the consistency of the ice cream)
1-1/2 C rock or kosher salt
7-1/2 pounds of crushed ice

Mix all ingredients, except salt and ice, and place in a one pound coffee can. Cover and place in a three pound coffee can. Layer half the ice and salt alternately in the empty space between the cans. Cover the large can and roll back and forth on a level surface for 10 minutes.

Remove small can and wipe lid dry. Open and with a knife or spatula, scrape ice cream from can sides into the middle. Replace lid. Drain ice water and salt from large can. Replace smaller can and pack with fresh ice and salt.

Roll for 5 minutes

Makes 2 1/2 cups of ice cream